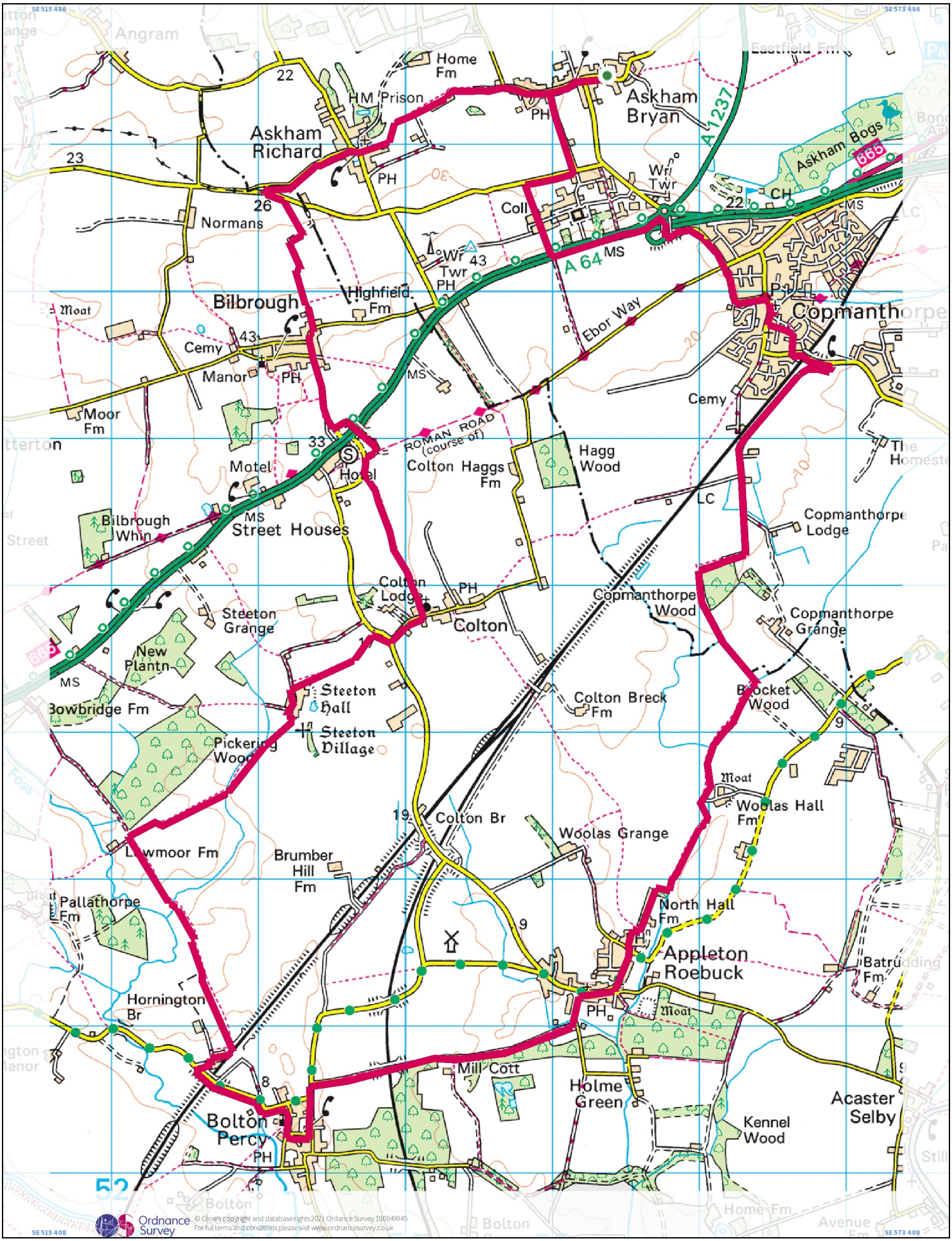

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Route Information

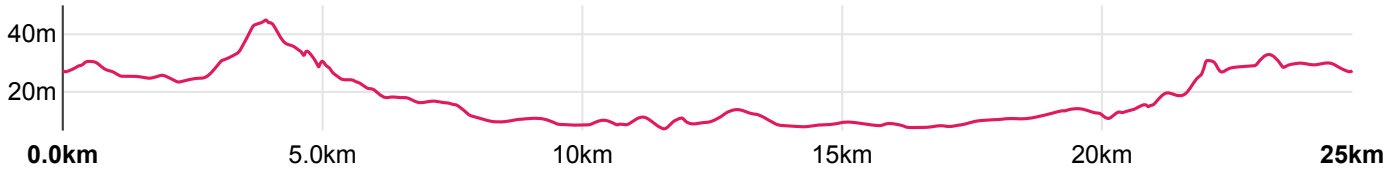
Route Name ABC Churches Round

Askham Bryan, Colton, Bolton Percy & Copmanthorpe

Route Summary

Total Distance	**24.8**km (**15.4**mi)	Walk	**5**h **10**min
Elevation	**7**m at lowest point	Run	**2**h **15**min
	45m at highest point	Cycle	**1**h **18**min
Total Ascent	**103**m		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	**SE 553 484**	**0.00**km	53° 55' 45" N	1° 9' 29" W	**27**m
	Dist to next: **24.77**km, Bearing to next: **351**°, Ascent to next: **103**m				
2	**SE 553 484**	**24.77**km	53° 55' 45" N	1° 9' 29" W	Unknown